

Indigenous Health

Did you know that Alberta is home to the third largest Indigenous population in Canada with 220,700 Albertans self-identifying as Indigenous? Did you know that Alberta's First Nation population demographic is younger than the general provincial population? More than 52% is under 25 years of age and less than 5% is over the age of 64 years. (Government of Alberta).

First Nations, Inuit and Métis are diverse populations whose health is affected by all social determinants of health, as well as a complex history of colonialism, racism, and residential schools. Social determinants have a significant impact on disease and recovery experiences within these communities.

Alberta Health Services has a specific program called The Indigenous Health Program that works in partnership with Indigenous peoples, communities and key stakeholders to provide accessible, culturally appropriate health services for First Nations, Métis and Inuit people in Alberta.